



Curriculum Map for PSHE

PSHE Intention

Social and Emotional Development Intention

Year Group	<u>Autumn 1</u> Being Me	<u>Autumn 2</u> Celebrating Difference	<u>Spring 1</u> Dreams and Goals	<u>Spring 2</u> Healthy Me	<u>Summer 1</u> Relationships	<u>Summer 2</u> Changing Me
EYFS - Nursery	<ul style="list-style-type: none"> <li>I seek comfort from adults when needed &amp; express my feelings. (PSED - MFB)</li> <li>I respond to the feelings of others &amp; I am aware that some actions can hurt or harm. (PSED - MFB)</li> <li>I am beginning to manage my own behaviour &amp; or actions. (PSED - MFB)</li> </ul>	<ul style="list-style-type: none"> <li>I learn that I have similarities &amp; differences that connect me to &amp; distinguish me from others. (UTW - PC)</li> <li>I know some of the things that make me unique. (UTW - PC)</li> <li>I can talk about some of the similarities &amp; differences in relation to my friends or family. (UTW - PC)</li> </ul>	<ul style="list-style-type: none"> <li>I show interest in different occupations and ways of life. (UTW - PC)</li> <li>I am confident to talk about the things I feel I am good at. (PSED - SCSA)</li> <li>I am confident to speak to others about my own needs, interests and opinions. (PSED - SCSA)</li> </ul>	<ul style="list-style-type: none"> <li>I can tell adults of my physical needs. (PD - HSC)</li> <li>I notice the changes within my body when I have been active. (PD - HSC)</li> <li>I am remembering to wash my hands most of the time. (PD - HSC)</li> </ul>	<ul style="list-style-type: none"> <li>I will start play and encourage others to join in with my play. (PSED - MR)</li> <li>These peers can influence my play I respond to what they are saying or doing and demonstrate friendly behaviour. (PSED - MR)</li> <li>I form good relationships with my peers. (PSED - MR)</li> </ul>	<ul style="list-style-type: none"> <li>I show interest in the lives of people who are familiar to me and remember / talk about my own significant events. (UTW - PC)</li> <li>I am developing an understanding of growth, decay and changes over time. (UTW - TW)</li> </ul>
	<p><b>Piece 1: Who...Me?!</b></p> <ul style="list-style-type: none"> <li>I understand how it feels to belong and that we are similar and different.</li> </ul> <p><b>Piece 2: How Am I Feeling Today?</b></p> <ul style="list-style-type: none"> <li>I understand how feeling happy and sad can be expressed.</li> </ul> <p><b>Piece 3: Being at Nursery/Pre-School</b></p> <ul style="list-style-type: none"> <li>I can work together &amp; consider other people's feelings.</li> </ul> <p><b>Piece 4: Gentle Hands</b></p> <ul style="list-style-type: none"> <li>I can use gentle hands to understand that it is good to be kind to people.</li> </ul> <p><b>Piece 5: Our Rights</b></p> <ul style="list-style-type: none"> <li>I am starting to understand children's rights &amp; this mean we should all be allowed to learn and play.</li> </ul> <p><b>Piece 6: Our Responsibilities</b></p> <ul style="list-style-type: none"> <li>I am learning what being responsible means.</li> </ul>	<p><b>Piece 1: What Am I Good at?</b></p> <ul style="list-style-type: none"> <li>I know how it feels to be proud of something I am good at.</li> </ul> <p><b>Piece 2: I'm Special, I'm Me</b></p> <ul style="list-style-type: none"> <li>I can tell you one way I am special and unique.</li> </ul> <p><b>Piece 3: Families</b></p> <ul style="list-style-type: none"> <li>I know that families are different.</li> </ul> <p><b>Piece 4: Houses and Homes</b></p> <ul style="list-style-type: none"> <li>I know there are lots of different houses and homes.</li> </ul> <p><b>Piece 5: Making Friends</b></p> <ul style="list-style-type: none"> <li>I can tell you how I could make new friends.</li> </ul> <p><b>Piece 6: Standing Up for Yourself</b></p> <ul style="list-style-type: none"> <li>I can use my words to stand up for myself.</li> </ul>	<p><b>Piece 1: Challenge</b></p> <ul style="list-style-type: none"> <li>I understand what a challenge means.</li> </ul> <p><b>Piece 2: Never Giving Up</b></p> <ul style="list-style-type: none"> <li>I can keep trying until I can do something.</li> </ul> <p><b>Piece 3: Setting a Goal</b></p> <ul style="list-style-type: none"> <li>I can set a goal and work towards it.</li> </ul> <p><b>Piece 4: Obstacles and Support</b></p> <ul style="list-style-type: none"> <li>I know some kind words to encourage people with.</li> </ul> <p><b>Piece 5: Flight to the Future</b></p> <ul style="list-style-type: none"> <li>I can start to think about the jobs I might like to do when I'm older.</li> </ul> <p><b>Piece 6: Footprint Awards</b></p> <ul style="list-style-type: none"> <li>I can feel proud when I achieve a goals.</li> </ul>	<p><b>Piece 1: Everybody's Body</b></p> <ul style="list-style-type: none"> <li>I know the names for some parts of my body &amp; am starting to understand that I need to be active to be healthy.</li> </ul> <p><b>Piece 2: We Like to Move It</b></p> <ul style="list-style-type: none"> <li>I can tell you some of the things I need to do to be healthy.</li> </ul> <p><b>Piece 3: Food Glorious Food</b></p> <ul style="list-style-type: none"> <li>I know what the word 'healthy' means &amp; that some foods are healthier than others.</li> </ul> <p><b>Piece 4: Sweet Dreams</b></p> <ul style="list-style-type: none"> <li>I know how to help myself to go to sleep &amp; that sleep is good for me.</li> </ul> <p><b>Piece 5: Keeping Clean</b></p> <ul style="list-style-type: none"> <li>I can wash my hands &amp; know it is important to do this before I eat &amp; after I go to the toilet.</li> </ul> <p><b>Piece 6: Stranger Danger</b></p> <ul style="list-style-type: none"> <li>I know what to do if I get lost &amp; how to say NO to strangers.</li> </ul>	<p><b>Piece 1: My Family &amp; Me</b></p> <ul style="list-style-type: none"> <li>I can tell you about my family.</li> </ul> <p><b>Piece 2: Make Friends, Never Ever Break Friends (PT 1)</b></p> <ul style="list-style-type: none"> <li>I understand how to make friends if I feel lonely.</li> </ul> <p><b>Piece 3: Make Friends, Never Ever Break Friends (PT 2)</b></p> <ul style="list-style-type: none"> <li>I can tell you some of the things I like about my friends.</li> </ul> <p><b>Piece 4: Falling Out &amp; Bullying (PT 1)</b></p> <ul style="list-style-type: none"> <li>I know what to say and do if somebody is mean to me.</li> </ul> <p><b>Piece 5: Falling Out &amp; Bullying (PT 2)</b></p> <ul style="list-style-type: none"> <li>I can use Calm Me time to manage my feelings.</li> </ul> <p><b>Piece 6: being The Best Friends We Can Be</b></p> <ul style="list-style-type: none"> <li>I can work together and enjoy being with my friends.</li> </ul>	<p><b>Piece 1: My Body</b></p> <ul style="list-style-type: none"> <li>I can name parts of my body &amp; show respect for myself.</li> </ul> <p><b>Piece 2: Respecting My Body</b></p> <ul style="list-style-type: none"> <li>I can tell you some things that I can do &amp; some foods I can eat to be healthy.</li> </ul> <p><b>Piece 3: Growing Up</b></p> <ul style="list-style-type: none"> <li>I understand that we all start as babies &amp; grow into children &amp; then adults.</li> </ul> <p><b>Piece 4: Growth and Change</b></p> <ul style="list-style-type: none"> <li>I know that I grow and change.</li> </ul> <p><b>Piece 5: Fun &amp; Fears</b></p> <ul style="list-style-type: none"> <li>I can talk about how I feel moving to School from Nursery.</li> </ul> <p><b>Piece 6: Celebration</b></p> <ul style="list-style-type: none"> <li>I can remember some fun things about Nursery this year.</li> </ul>

<p><b>EYFS - Reception</b></p>	<p><b><u>Autumn 1</u></b> <b>Being Me</b></p> <ul style="list-style-type: none"> <li>➤ Children talk about how they and others show feelings. (PSED - MFB)</li> <li>➤ Talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. (PSED - MFB)</li> <li>➤ They work as part of a group or class, and understand and follow the rules. (PSED - MFB)</li> <li>➤ They adjust their behaviour to different situations. (PSED - MFB)</li> </ul>	<p><b><u>Autumn 2</u></b> <b>Celebrating Difference</b></p> <ul style="list-style-type: none"> <li>➤ Children talk about past and present events in their own lives and in the lives of family members. (UTW - PC)</li> <li>➤ They know that other children don't always enjoy the same things, and are sensitive to this. (UTW - PC)</li> <li>➤ They know about similarities and differences between themselves and others, and among families, communities and traditions. (UTW - PC)</li> </ul>	<p><b><u>Spring 1</u></b> <b>Dreams and Goals</b></p> <ul style="list-style-type: none"> <li>➤ Children are confident to try new activities, and say why they like some activities more than others. (PSED - SCSA)</li> <li>➤ They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. (PSED - SCSA)</li> <li>➤ They say when they do or don't need help. (PSED - SCSA)</li> </ul>	<p><b><u>Spring 2</u></b> <b>Healthy Me</b></p> <ul style="list-style-type: none"> <li>➤ Children know the importance for good health of physical exercise, and a healthy diet. (PD - HSC)</li> <li>➤ They talk about ways to keep healthy and safe. (PD - HSC)</li> <li>➤ They manage their own basic hygiene and personal needs successfully. (PD - HSC)</li> </ul>	<p><b><u>Summer 1</u></b> <b>Relationships</b></p> <ul style="list-style-type: none"> <li>➤ Children play co-operatively, taking turns with others. (PSED - MR)</li> <li>➤ They take account of one another's ideas about how to organise their activity. (PSED - MR)</li> <li>➤ They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children. (PSED - MR)</li> </ul>	<p><b><u>Summer 2</u></b> <b>Changing Me</b></p> <ul style="list-style-type: none"> <li>➤ I will share my thoughts and ask appropriate questions to help me to clarify my understanding. (UTW - TW)</li> <li>➤ They adjust their behaviour to different situations, and take changes of routine in their stride. (PSED - MFB)</li> </ul>
	<p><b>Piece 1: Who...Me?</b> ➤ I understand how it feels to belong &amp; that we are similar &amp; different.</p> <p><b>Piece 2: How am I Feeling Today?</b> ➤ I can start to recognise and manage my feelings.</p> <p><b>Piece 3: Being at School</b> ➤ I enjoy working with others to make school a good place to be.</p> <p><b>Piece 4: Gentle Hands</b> ➤ I understand why it is good to be kind &amp; use gentle hands.</p> <p><b>Piece 5: Our Rights</b> ➤ I am starting to understand children's rights &amp; this means we should all be allowed to learn &amp; play.</p> <p><b>Piece 6: Our Responsibilities</b> ➤ I am learning what being responsible means.</p>	<p><b>Piece 1: What I am Good at?</b> ➤ I can identify something I am good at &amp; understand everyone is good at different things.</p> <p><b>Piece 2: I'm Special, I'm Me</b> ➤ I understand that being different makes us all special.</p> <p><b>Piece 3: Families</b> ➤ I know we are all different but the same in some ways.</p> <p><b>Piece 4: Houses and Homes</b> ➤ I can tell you why I think my home special to me.</p> <p><b>Piece 5: Making Friends</b> ➤ I can tell you how to be a kind friend.</p> <p><b>Piece 6: Standing Up for Yourself</b> ➤ I know which words to use to stand up for myself when someone says or does something unkind.</p>	<p><b>Piece 1: Challenge</b> ➤ I understand that if I persevere I can tackle challenges.</p> <p><b>Piece 2: Never Giving Up</b> ➤ I can tell you about a time I didn't give up until I achieved my goal.</p> <p><b>Piece 3: Setting a Goal</b> ➤ I can set a goal and work towards it.</p> <p><b>Piece 4: Obstacles and Support</b> ➤ I can use kind words to encourage people.</p> <p><b>Piece 5: Flight to the Future</b> ➤ I understand the link between what I learn now &amp; the job I might like to do when I'm older.</p> <p><b>Piece 6: Footprint Awards</b> ➤ I can say how I feel when I achieve a goal &amp; know what it means to feel proud.</p>	<p><b>Piece 1: Everybody's Body</b> ➤ I understand that I need to exercise to keep my body healthy.</p> <p><b>Piece 2: We Like to Move It</b> ➤ I understand how moving &amp; resting are good for my body.</p> <p><b>Piece 3: Food Glorious Food</b> ➤ I know which foods are healthy &amp; not so healthy &amp; can make healthy eating choices.</p> <p><b>Piece 4: Sweet Dreams</b> ➤ I know how to help myself go to sleep &amp; understand why sleep is good for me.</p> <p><b>Piece 5: Keeping Clean</b> ➤ I can wash my hands thoroughly &amp; understand why this important especially before I eat &amp; after I go to the toilet.</p> <p><b>Piece 6: Stranger Danger</b> ➤ I know what a stranger is &amp; how to stay safe if a stranger approach me.</p>	<p><b>Piece 1: My Family and Me</b> ➤ I can tell you about my family</p> <p><b>Piece 2: Make friends, make friends, never ever break friends Part 1</b> ➤ I understand how to make friends if I feel lonely</p> <p><b>Piece 3: Make friends, make friends, never ever break friends Part 2</b> ➤ Make friends, make friends, never ever break friends Part 2</p> <p><b>Piece 4: Falling Out and Bullying Part 1</b> ➤ I know what to say and do if somebody is mean to me</p> <p><b>Piece 5: . Falling Out and Bullying Part 2</b> ➤ I can use Calm Me time to manage my feelings</p> <p><b>Piece 6: Being the best friends we can be</b> ➤ I can work together and enjoy being with my friends</p>	<p><b>Piece 1: My Body</b> ➤ I can name parts of the body.</p> <p><b>Piece 2: Respecting My Body</b> ➤ I can tell you some things I can do &amp; foods I can eat to be healthy.</p> <p><b>Piece 3: Growing Up</b> ➤ I understand that we all grow from babies to adults.</p> <p><b>Piece 4: Fun and Fears (PT 1)</b> ➤ I can express how I feel about moving to Year 1.</p> <p><b>Piece 5: Fun and Fears (PT 2)</b> ➤ I can talk about my worries and/or the things I am looking forward to about being in Year 1.</p> <p><b>Piece 6: Celebration</b> ➤ I can share my memories of the best bits of this year in Reception.</p>
<p><b>KS1 - Year 1</b></p>	<p><b><u>Autumn 1</u></b> <b>Being Me</b></p> <ul style="list-style-type: none"> <li>➤ I can explain why my class is a happy place to learn.</li> <li>➤ I can give different examples where I or others make my class happy &amp; safe.</li> </ul>	<p><b><u>Autumn 2</u></b> <b>Celebrating Difference</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you some ways that I am different &amp; similar to other people in my class &amp; why this makes us all special.</li> <li>➤ I can explain what bullying is and how being bullies might make someone feel.</li> </ul>	<p><b><u>Spring 1</u></b> <b>Dreams and Goals</b></p> <ul style="list-style-type: none"> <li>➤ I can explain how I feel when I am successful &amp; how this can be celebrated positively.</li> <li>➤ I can say why my internal treasure chest is an important place to store positive feelings.</li> </ul>	<p><b><u>Spring 2</u></b> <b>Healthy Me</b></p> <ul style="list-style-type: none"> <li>➤ I can explain why I think my body is amazing &amp; can identify a range of ways to keep it safe and healthy.</li> <li>➤ I can give examples where being healthy can help me feel happy.</li> </ul>	<p><b><u>Summer 1</u></b> <b>Relationships</b></p> <ul style="list-style-type: none"> <li>➤ I can explain why I have special relationships with some people &amp; how these relationships help me feel safe and good about myself.</li> </ul>	<p><b><u>Summer 2</u></b> <b>Changing Me</b></p> <ul style="list-style-type: none"> <li>➤ I can compare how I am now to when I was a baby &amp; explain some of the changes that will happen to me as I get older.</li> <li>➤ I can use the correct names for penis, testicles,</li> </ul>

					<ul style="list-style-type: none"> <li>➤ I can also explain how my qualities help these relationships.</li> <li>➤ I can give examples of behaviour in other people that I appreciate &amp; behaviours that I don't like.</li> </ul>	<p>anus, vagina, vulva &amp; give reasons why they are private.</p> <ul style="list-style-type: none"> <li>➤ I can explain why some changes I might experience might feel better than others.</li> </ul>
<p><b>Piece 1: Special &amp; Safe</b></p> <ul style="list-style-type: none"> <li>➤ I know how to use my Jigsaw Journal.</li> <li>➤ I feel special and safe in my class.</li> </ul> <p><b>Piece 2: My Class</b></p> <ul style="list-style-type: none"> <li>➤ I understand the rights and responsibilities as a member of my class.</li> <li>➤ I know that I belong to my class.</li> </ul> <p><b>Piece 3: Rights &amp; Responsibilities</b></p> <ul style="list-style-type: none"> <li>➤ I understand the rights and responsibilities as a member of my class.</li> <li>➤ I know how to make my class a safe place for everybody to learn.</li> </ul> <p><b>Piece 4: Rewards &amp; Feeling Proud</b></p> <ul style="list-style-type: none"> <li>➤ I know my views are valued and can contribute to the Learning Charter.</li> <li>➤ I recognise how it feels to be proud of an achievement.</li> </ul> <p><b>Piece 5: Consequences</b></p> <ul style="list-style-type: none"> <li>➤ I can recognise the choices I make and understand the consequences.</li> <li>➤ I recognise the range of feelings when I face certain consequences.</li> </ul> <p><b>Piece 6: Owning our Learning Charter</b></p> <ul style="list-style-type: none"> <li>➤ I understand my rights and responsibilities within our Learning Charter.</li> <li>➤ I understand my choices in following the Learning Charter.</li> </ul>	<p><b>Piece 1: The Same as...</b></p> <ul style="list-style-type: none"> <li>➤ I can identify similarities between people in my class.</li> <li>➤ I can tell you some ways in which I am the same as my friends.</li> </ul> <p><b>Piece 2: Different from...</b></p> <ul style="list-style-type: none"> <li>➤ I can identify differences between people in my class.</li> <li>➤ I can tell you some ways in which I am different from my friends.</li> </ul> <p><b>Piece 3: What is Bullying?</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you what bullying is.</li> <li>➤ I understand how being bullied might feel.</li> </ul> <p><b>Piece 4: What Do I Do About Bullying?</b></p> <ul style="list-style-type: none"> <li>➤ I know some people who I could talk to if I was feeling unhappy or being bullied.</li> <li>➤ I can be kind to children who are bullied.</li> </ul> <p><b>Piece 5: Making New Friends</b></p> <ul style="list-style-type: none"> <li>➤ I know how to make new friends.</li> <li>➤ I know how it feels to make a new friend.</li> </ul> <p><b>Piece 6: Celebrating Me</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you some ways I am different from my friends.</li> <li>➤ I understand these differences make us all special and unique.</li> </ul>	<p><b>Piece 1: My Treasure Chest of Success</b></p> <ul style="list-style-type: none"> <li>➤ I can set simple goals.</li> <li>➤ I can tell you about a thing I do well.</li> </ul> <p><b>Piece 2: Steps to Goals</b></p> <ul style="list-style-type: none"> <li>➤ I can set a goal and work out how to achieve it.</li> <li>➤ I can tell you how I learn best.</li> </ul> <p><b>Piece 3: Achieving Together</b></p> <ul style="list-style-type: none"> <li>➤ I understand how to work well with a partner.</li> <li>➤ I can celebrate achievement with my partner.</li> </ul> <p><b>Piece 4: Stretchy Learning</b></p> <ul style="list-style-type: none"> <li>➤ I can tackle a new challenge &amp; understand thus might stretch my learning.</li> <li>➤ I can identify how I feel when I am faced with a new challenge.</li> </ul> <p><b>Piece 5: Overcoming Obstacles</b></p> <ul style="list-style-type: none"> <li>➤ I can identify obstacles which make it more difficult to achieve my new challenge &amp; can work out how to overcome them.</li> <li>➤ I know how I feel when I see obstacles &amp; how I feel when I overcome them.</li> </ul> <p><b>Piece 6: Celebrating My Success</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you how I felt when I succeeded in a new challenge &amp; how I celebrated it.</li> <li>➤ I know how to store the feelings success in my internal treasure chest.</li> </ul>	<p><b>Piece 1: Being Healthy</b></p> <ul style="list-style-type: none"> <li>➤ I understand the difference between being healthy &amp; unhealthy &amp; know some ways to keep myself healthy.</li> <li>➤ I feel good about myself when I make healthy choices.</li> </ul> <p><b>Piece 2: Healthy Choices</b></p> <ul style="list-style-type: none"> <li>➤ I know how to make healthy lifestyle choices.</li> <li>➤ I feel good about myself when I make healthy choices.</li> </ul> <p><b>Piece 3: Clean and Healthy</b></p> <ul style="list-style-type: none"> <li>➤ I know how to keep myself clean &amp; healthy &amp; understand how germs cause disease/illness.</li> <li>➤ I know that all household products including medicines can be harmful if not used properly.</li> <li>➤ I am special so I keep myself safe.</li> </ul> <p><b>Piece 4: Medicine Safety</b></p> <ul style="list-style-type: none"> <li>➤ I understand that medicines can help me if I feel poorly &amp; I know how to use them safely.</li> <li>➤ I know some ways to help myself when I feel poorly.</li> </ul> <p><b>Piece 5: Road Safety</b></p> <ul style="list-style-type: none"> <li>➤ I know how to keep safe when crossing the road &amp; about who can help me to stay safe.</li> <li>➤ I can recognise when I feel frightened &amp; know who to ask for help.</li> </ul> <p><b>Piece 6: Happy, Healthy Me</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you why I think my body is amazing &amp; can identify some ways to keep it safe and healthy.</li> <li>➤ I can recognise how being healthy helps me to feel happy.</li> </ul>	<p><b>Piece 1: Families</b></p> <ul style="list-style-type: none"> <li>➤ I can identify the members of my family &amp; understand that there are lots of different types of families.</li> <li>➤ I know how it feels to belong to a family &amp; care about the people who are important to me.</li> </ul> <p><b>Piece 2: Making Friends</b></p> <ul style="list-style-type: none"> <li>➤ I can identify what being a good friend means to me.</li> <li>➤ I know how to make a new friend.</li> </ul> <p><b>Piece 3: Greetings</b></p> <ul style="list-style-type: none"> <li>➤ I know appropriate ways of physical contact to greet my friends &amp; know which ways I prefer.</li> <li>➤ I can recognise which forms of physical contact are acceptable &amp; unacceptable to me.</li> </ul> <p><b>Piece 4: People Who Help Us</b></p> <ul style="list-style-type: none"> <li>➤ I know who can help me in my school community.</li> <li>➤ I know when I need help &amp; know how to ask for it.</li> </ul> <p><b>Piece 5: Being My Own Best Friend</b></p> <ul style="list-style-type: none"> <li>➤ I can recognise my qualities as a person &amp; a friend.</li> <li>➤ I know ways to praise myself.</li> </ul> <p><b>Piece 6: Celebrating My Special Relationships</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you why I appreciate someone who is special to me.</li> <li>➤ I can express how I feel about them.</li> </ul>	<p><b>Piece 1: Life Cycle</b></p> <ul style="list-style-type: none"> <li>➤ I am starting to understand the life cycles of animals and humans.</li> <li>➤ I understand that changes happen as we grow and that this OK.</li> </ul> <p><b>Piece 2: Changing Me</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you some things about me that have changed &amp; some things about me that have stayed the same.</li> <li>➤ I know that changes are OK &amp; that sometimes they will happen whether I want them to or not.</li> </ul> <p><b>Piece 3: My Changing Body</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you how my body has changed since I was a baby.</li> <li>➤ I understand that growing up is natural &amp; that everybody grows at different rates.</li> </ul> <p><b>Piece 4: Boys and Girls Bodies</b></p> <ul style="list-style-type: none"> <li>➤ I can identify the parts of the body that make boys different to girls &amp; can use the correct names for these; penis, testicles, vagina, vulva, anus.</li> <li>➤ I respect my body and understand which parts are private.</li> </ul> <p><b>Piece 5: Learning and Growing</b></p> <ul style="list-style-type: none"> <li>➤ I understand that every time I learn something new I change a little bit.</li> <li>➤ I enjoy learning new things.</li> </ul> <p><b>Piece 6: Coping with Changes</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you about changes that have happened in my life.</li> </ul>	

➤ I know some ways to cope with changes.

**PSHE Intention**

**Social and Emotional Development Intention**

KS1 - Year 2	<p><b>Autumn 1</b> <b>Being Me</b></p> <ul style="list-style-type: none"> <li>➤ I can explain why my behaviour can impact on other people in my class.</li> <li>➤ I can compare my own &amp; my friends choices &amp; can express why some choices are better than others.</li> </ul>	<p><b>Autumn 2</b> <b>Celebrating Difference</b></p> <ul style="list-style-type: none"> <li>➤ I can explain that sometimes people get bullied because they are seen to be different. This might include people who do not conform to gender stereotypes.</li> <li>➤ I can explain how it feels to have a friend &amp; be a friend.</li> <li>➤ I can also explain why it is OK to be different from my friends.</li> </ul>	<p><b>Spring 1</b> <b>Dreams and Goals</b></p> <ul style="list-style-type: none"> <li>➤ I can explain how I played my part in a group &amp; the parts other people played to create an end product.</li> <li>➤ I can explain how our skills complimented each other.</li> <li>➤ I can explain how it felt to be part of a group &amp; can identify a range of feelings about group work.</li> </ul>	<p><b>Spring 2</b> <b>Healthy Me</b></p> <ul style="list-style-type: none"> <li>➤ I can explain why foods &amp; medicines are good for my body comparing my ideas with less healthy/unsafe choices.</li> <li>➤ I can compare my own friends choices &amp; can express how it feels to make healthy &amp; safe choices.</li> </ul>	<p><b>Summer 1</b> <b>Relationships</b></p> <ul style="list-style-type: none"> <li>➤ I can explain why some things make me feel uncomfortable in a relationship &amp; compare this with relationships that make me feel safe &amp; special.</li> <li>➤ I can give examples of some different problem solving techniques &amp; explain how I might use them in certain situations in my relationships.</li> </ul>	<p><b>Summer 2</b> <b>Changing Me</b></p> <ul style="list-style-type: none"> <li>➤ I can use the correct terms to describe penis, testicles, anus, vagina, vulva &amp; explain why some types of touches feel OK and others don't.</li> <li>➤ I can tell you what I like and don't like about being a boy/girl &amp; getting older &amp; recognise that other people might feel differently to me.</li> </ul>
	<p><b>Piece 1: Hope &amp; Fears for the Year</b></p> <ul style="list-style-type: none"> <li>➤ I can identify some of my hopes &amp; fears for this year.</li> <li>➤ I know how to use my Jigsaw Journal.</li> <li>➤ I recognise when I feel worried &amp; know who to ask for help.</li> </ul> <p><b>Piece 2: Rights and Responsibilities</b></p> <ul style="list-style-type: none"> <li>➤ I understand the rights &amp; responsibilities for being a member of my class and school.</li> <li>➤ I recognise when I feel worried &amp; know who to ask for help.</li> </ul> <p><b>Piece 3: Rewards and Consequences</b></p> <ul style="list-style-type: none"> <li>➤ I understand the rights &amp; responsibilities for being a member of my class.</li> <li>➤ I can help to make my class a safe &amp; fair place.</li> </ul> <p><b>Piece 4: Rewards and Consequences</b></p> <ul style="list-style-type: none"> <li>➤ I can listen to other people &amp; contribute my own ideas about rewards and consequences.</li> <li>➤ I can help make my class a safe &amp; fair place.</li> </ul>	<p><b>Piece 1: Boys &amp; Girls</b></p> <ul style="list-style-type: none"> <li>➤ I am starting to understand that sometimes people make assumptions about boys &amp; girls.</li> <li>➤ I understand some ways in which boys &amp; girls are similar &amp; feel good about this.</li> </ul> <p><b>Piece 2: Boys &amp; Girls</b></p> <ul style="list-style-type: none"> <li>➤ I am starting to understand that sometimes people make assumptions about boys &amp; girls.</li> <li>➤ I understand some ways in which boys &amp; girls are different &amp; accept that this is OK.</li> </ul> <p><b>Piece 3: Why Does Bullying Happen?</b></p> <ul style="list-style-type: none"> <li>➤ I understand that bullying is sometimes about difference.</li> <li>➤ I can tell you how someone who is bullies feels.</li> <li>➤ I can be kind to children who are bullied.</li> </ul> <p><b>Piece 4: Standing Up for Myself &amp; Others</b></p> <ul style="list-style-type: none"> <li>➤ I can recognise what is right &amp; wrong &amp; know how to look after myself.</li> <li>➤ I know when and how to stand up for myself and others.</li> </ul>	<p><b>Piece 1: Goals to Success</b></p> <ul style="list-style-type: none"> <li>➤ I can choose a realistic goal &amp; think about how to achieve it.</li> <li>➤ I can tell you things I have achieved &amp; say how that makes me feel.</li> </ul> <p><b>Piece 2: My Learning Strengths</b></p> <ul style="list-style-type: none"> <li>➤ I carry on trying (persevering) even when I find things difficult.</li> <li>➤ I can tell you some of my strengths as a learner.</li> </ul> <p><b>Piece 3: Learning with Others</b></p> <ul style="list-style-type: none"> <li>➤ I can recognise who I work well with &amp; who is more difficult to work with.</li> <li>➤ I can tell you how working with other people helps me learn.</li> </ul> <p><b>Piece 4: A Group Challenge</b></p> <ul style="list-style-type: none"> <li>➤ I can work well in a group.</li> <li>➤ I can work with others in a group to solve problems.</li> </ul> <p><b>Piece 5: Continuing our Group Challenge</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you some ways I worked well with my group.</li> <li>➤ I can tell you how I felt about working in my group.</li> </ul> <p><b>Piece 6: Celebrating our Achievement</b></p> <ul style="list-style-type: none"> <li>➤ I know how to share success with other people.</li> </ul>	<p><b>Piece 1: Being Healthy</b></p> <ul style="list-style-type: none"> <li>➤ I know what I need to keep my body healthy.</li> <li>➤ I am motivated to make healthy lifestyle choices.</li> </ul> <p><b>Piece 2: Being Relaxed</b></p> <ul style="list-style-type: none"> <li>➤ I can show or tell you what relaxed means &amp; I know some things that make me feel relaxed &amp; some that make me feel stressed.</li> <li>➤ I can tell you when a feeling is weak and when a feeling is strong.</li> </ul> <p><b>Piece 3: Medicine Safety</b></p> <ul style="list-style-type: none"> <li>➤ I understand how medicines work in my body &amp; how important it is to use them safely.</li> <li>➤ I feel positive about caring for my body &amp; keeping it healthy.</li> </ul> <p><b>Piece 4: Healthy Eating</b></p> <ul style="list-style-type: none"> <li>➤ I can sort foods into the correct food groups &amp; know which foods my body needs every day to keep me healthy.</li> <li>➤ I have a healthy relationship with food &amp; know which foods I enjoy the most.</li> </ul> <p><b>Piece 5: Healthy Eating</b></p>	<p><b>Piece 1: Families</b></p> <ul style="list-style-type: none"> <li>➤ I can identify the different members of my family, understand my relationship with each of them &amp; know why it is important to share and cooperate.</li> <li>➤ I accept that everyone's family is different &amp; understand that most people value their family.</li> </ul> <p><b>Piece 2: Keeping Safe; Exploring Physical Contact</b></p> <ul style="list-style-type: none"> <li>➤ I understand that there are lots of forms of physical contact within a family &amp; that some of this acceptable &amp; some is not.</li> <li>➤ I know which types of physical contact I like &amp; don't like &amp; can talk about this.</li> </ul> <p><b>Piece 3: Friends and Conflict</b></p> <ul style="list-style-type: none"> <li>➤ I can identify some of the things that cause conflict with my friends.</li> <li>➤ I can demonstrate how to use the positive problem-solving technique to resolve conflicts with my friends.</li> </ul>	<p><b>Piece 1: Life Cycles in Nature</b></p> <ul style="list-style-type: none"> <li>➤ I can recognise cycles of life in nature.</li> <li>➤ I understand there are some changes that are outside my control &amp; recognise how I feel about this.</li> </ul> <p><b>Piece 2: Growing from Young to Old</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you about the natural process of growing from young to old &amp; understand that this is not in my control.</li> <li>➤ I can identify people I respect who are older than me.</li> </ul> <p><b>Piece 3: The Changing Me</b></p> <ul style="list-style-type: none"> <li>➤ I can recognise how my body has changed since I was a baby &amp; where I am on the continuum from young to old.</li> <li>➤ I feel proud of becoming more independent.</li> </ul> <p><b>Piece 4: Boys &amp; Girls Bodies</b></p> <ul style="list-style-type: none"> <li>➤ I can recognise the physical differences between boys &amp; girls, use the correct names for parts of the body &amp;</li> </ul>

	<p><b>Piece 5: Our Learning Charter</b></p> <ul style="list-style-type: none"> <li>➤ I understand how following the Learning Charter will help me &amp; others learn.</li> <li>➤ I can work cooperatively.</li> </ul> <p><b>Piece 6: Owning our Learning Charter</b></p> <ul style="list-style-type: none"> <li>➤ I can recognise the choices I make &amp; understand the consequences.</li> <li>➤ I am choosing to follow the Learning Charter.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I know how to get help if I am being bullied.</li> </ul> <p><b>Piece 5: Gender Diversity</b></p> <ul style="list-style-type: none"> <li>➤ I understand that it is OK to be different from other people &amp; to be friends with them.</li> <li>➤ I understand we shouldn't judge people if they are different.</li> <li>➤ I know how it feels to be a friend &amp; have a friend.</li> </ul> <p><b>Piece 6: Celebrating Differences and Still Being Friends</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you some ways I am different from my friends.</li> <li>➤ I understand these differences make us all special &amp; unique.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I can tell you how being part of a successful group feels &amp; I can share these feelings in my internal treasure chest.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I can make some healthy snacks &amp; explain why they are good for my body.</li> <li>➤ I can express how it feels to share healthy food with my friends.</li> </ul> <p><b>Piece 6: Happy, Healthy Me</b></p> <ul style="list-style-type: none"> <li>➤ I can decide which foods to eat to give my body energy.</li> <li>➤ I have a healthy relationship with food and I know which foods are most nutritious for my body.</li> </ul>	<p><b>Piece 4: Secrets</b></p> <ul style="list-style-type: none"> <li>➤ I understand that sometimes it is good to keep a secret &amp; sometimes it is not.</li> <li>➤ I know how it feels to be asked to keep a secret I do not want to keep &amp; know who to talk to about this.</li> </ul> <p><b>Piece 5: Trust and Appreciation</b></p> <ul style="list-style-type: none"> <li>➤ I recognise &amp; appreciate people who can help me in my family, my school &amp; my community.</li> <li>➤ I understand how it feels to trust someone.</li> </ul> <p><b>Piece 6: Celebrating my Special Relationships</b></p> <ul style="list-style-type: none"> <li>➤ I can express my appreciation for the people in my special relationships.</li> <li>➤ I am comfortable accepting appreciation from others.</li> </ul>	<p>appreciate that some parts of my body are private.</p> <ul style="list-style-type: none"> <li>➤ I can tell you what I like/don't like about being a boy/girl.</li> </ul> <p><b>Piece 5: Assertiveness</b></p> <ul style="list-style-type: none"> <li>➤ I understand there are different types of touch &amp; can tell you which ones I like &amp; don't like.</li> <li>➤ I am confident to say what I like &amp; don't like &amp; can ask for help.</li> </ul> <p><b>Piece 6: Looking Ahead</b></p> <ul style="list-style-type: none"> <li>➤ I can identify what I am looking forward to when I move to my next class.</li> <li>➤ I can start to think about changes I will make when I am in Year 3 &amp; know how to go about this.</li> </ul>
--	---	---	---	--	--	---

<b>PSHE Intention</b>	<b>Social and Emotional Development Intention</b>
-----------------------	---

<p>KS2 - Year 3</p>	<p style="text-align: center;"><b><u>Autumn 1</u></b> <b>Being Me</b></p> <ul style="list-style-type: none"> <li>➤ I can explain how my behaviour can affect how others feel &amp; behave.</li> <li>➤ I can explain why it is important to have rules &amp; how that helps me &amp; others in my class learn.</li> <li>➤ I can explain why it is important to feel valued.</li> </ul>	<p style="text-align: center;"><b><u>Autumn 2</u></b> <b>Celebrating Difference</b></p> <ul style="list-style-type: none"> <li>➤ I can describe different conflicts that might happen in my family or friendship groups &amp; how words can be used in hurtful or kind ways when conflicts happen.</li> <li>➤ I can tell you how being involved with a conflict makes me feel &amp; can offer strategies to help the situation.</li> </ul>	<p style="text-align: center;"><b><u>Spring 1</u></b> <b>Dreams and Goals</b></p> <ul style="list-style-type: none"> <li>➤ I can explain the different ways that help me learn &amp; what I need to do to improve.</li> <li>➤ I am confident &amp; positive when I share my success with others.</li> <li>➤ I can explain how these feelings can be stored in my internal treasure chest &amp; why this is important.</li> </ul>	<p style="text-align: center;"><b><u>Spring 2</u></b> <b>Healthy Me</b></p> <ul style="list-style-type: none"> <li>➤ I can identify things, people &amp; places that I need to keep safe from &amp; can tell you some strategies for keeping myself safe &amp; healthy including who to go to for help.</li> <li>➤ I can express how being anxious/scared &amp; unwell feels.</li> </ul>	<p style="text-align: center;"><b><u>Summer 1</u></b> <b>Relationships</b></p> <ul style="list-style-type: none"> <li>➤ I can explain how my life is influenced positively by people I know &amp; also by people from other countries.</li> <li>➤ I can explain why my choices might affect my family, friendships &amp; people around the world who I don't know.</li> </ul>	<p style="text-align: center;"><b><u>Summer 2</u></b> <b>Changing Me</b></p> <ul style="list-style-type: none"> <li>➤ I can explain how boys &amp; girls' bodies change on the inside/outside during the growing up process &amp; can tell you why those changes are necessary so that their bodies can make babies when they grow up.</li> <li>➤ I recognise how I feel about these changes happening to me &amp; suggest some ideas to cope with these feelings.</li> </ul>
	<p><b>Piece 1: Getting to Know Each Other</b></p> <ul style="list-style-type: none"> <li>➤ I recognise my worth and can identify positive things about myself &amp; my achievements.</li> <li>➤ I can set personal goals.</li> </ul>	<p><b>Piece 1: Families</b></p> <ul style="list-style-type: none"> <li>➤ I understand that everybody's family is different &amp; important to them.</li> <li>➤ I appreciate my family, the people who care for me.</li> </ul> <p><b>Piece 2: Family Conflict</b></p>	<p><b>Piece 1: Dreams and Goals</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you about a person who has faced difficult challenges &amp; achieved success.</li> <li>➤ I respect &amp; admire people who overcome obstacles &amp; achieve</li> </ul>	<p><b>Piece 1: Being Fit and Healthy</b></p> <ul style="list-style-type: none"> <li>➤ I understand how exercise affects my body &amp; know why my heart &amp; lungs are such important organs.</li> </ul>	<p><b>Piece 1: Family Roles &amp; Responsibilities</b></p> <ul style="list-style-type: none"> <li>➤ I can identify the roles &amp; responsibilities of each member of my family &amp; can reflect on the</li> </ul>	<p><b>Piece 1: How Babies Grow</b></p> <ul style="list-style-type: none"> <li>➤ I understand that in animals &amp; human's lots of changes happen between conception &amp; growing up &amp; that usually it is the female who has the baby.</li> </ul>

	<ul style="list-style-type: none"> <li>➤ I know how to use my Jigsaw Journal.</li> <li>➤ I value myself &amp; know how to make someone else feel welcome &amp; valued.</li> </ul> <p><b>Piece 2: Our School Nightmare</b></p> <ul style="list-style-type: none"> <li>➤ I can face new challenges positively, make responsible choices &amp; ask for help when I need it.</li> <li>➤ I recognise how it feels to be happy, sad or scared &amp; am able to identify if other people are feeling these emotions.</li> </ul> <p><b>Piece 3: Our Dream School</b></p> <ul style="list-style-type: none"> <li>➤ I understand why rules are needed &amp; how they relate to rights &amp; responsibilities.</li> <li>➤ I know how to make others feel valued.</li> </ul> <p><b>Piece 4: Rewards &amp; Consequences</b></p> <ul style="list-style-type: none"> <li>➤ I understand that my actions affect myself &amp; others &amp; I care about other people's feelings.</li> <li>➤ I understand that my behaviour brings rewards/consequences.</li> </ul> <p><b>Piece 5: Our Learning Charter</b></p> <ul style="list-style-type: none"> <li>➤ I can make responsible choices &amp; take action.</li> <li>➤ I can work cooperatively in a group</li> </ul> <p><b>Piece 6: Owing Our Learning Charter</b></p> <ul style="list-style-type: none"> <li>➤ I understand my actions affect others &amp; try to see things from their points of view.</li> <li>➤ I am choosing to follow the Learning Charter.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I understand that differences &amp; conflicts sometimes happen among family members.</li> <li>➤ I know how to calm myself down and can use the 'Solve it Together' technique.</li> </ul> <p><b>Piece 3: Witness &amp; Feelings</b></p> <ul style="list-style-type: none"> <li>➤ I know what it means to be a witness to bullying.</li> <li>➤ I know some ways of helping to make someone who is bullied feel better.</li> </ul> <p><b>Piece 4: Witness and Solutions</b></p> <ul style="list-style-type: none"> <li>➤ I know that witnesses can make the situation better or worse by what they do.</li> <li>➤ I can problem-solve a bullying situation with others.</li> </ul> <p><b>Piece 5: Words that Harm</b></p> <ul style="list-style-type: none"> <li>➤ I recognise that some words are used in hurtful ways.</li> <li>➤ I try hard not to use hurtful words (e.g. gay, fat).</li> </ul> <p><b>Piece 6: Celebrating Difference: Compliments</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you about a time when my words affected someone's feelings &amp; what the consequences were.</li> <li>➤ I can give &amp; receive compliments &amp; know how this feels.</li> </ul>	<p>their dreams &amp; goals (e.g. through disability).</p> <p><b>Piece 2: My Dreams &amp; Ambitions</b></p> <ul style="list-style-type: none"> <li>➤ I can identify a dream/ambition that is important to me.</li> <li>➤ I can imagine how I will feel when I achieve my dream/ambition.</li> </ul> <p><b>Piece 3: A New Challenge</b></p> <ul style="list-style-type: none"> <li>➤ I enjoy facing new learning challenges &amp; working out the best ways for me to achieve them.</li> <li>➤ I can break down a goal into a number of steps &amp; know how others could help me to achieve it.</li> </ul> <p><b>Piece 4: Our New Challenge</b></p> <ul style="list-style-type: none"> <li>➤ I am motivated &amp; enthusiastic about achieving our new challenge.</li> <li>➤ I know that I am responsible for my own learning &amp; can use my strengths as a learner to achieve the challenge.</li> </ul> <p><b>Piece 5: Our New Challenge: Overcoming Obstacles</b></p> <ul style="list-style-type: none"> <li>➤ I can recognise obstacles which might hinder my achievement &amp; can take steps to overcome them.</li> <li>➤ I can manage the feelings of frustration that may arise when obstacles occur</li> </ul> <p><b>Piece 6: Celebrating My Learning</b></p> <ul style="list-style-type: none"> <li>➤ I can evaluate my own learning process &amp; identify how it can be better next time.</li> <li>➤ I am confident in sharing my success with others &amp; can store my feelings in my internal treasure chest.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I can set myself a fitness challenge.</li> </ul> <p><b>Piece 2: Being Fit &amp; Healthy</b></p> <ul style="list-style-type: none"> <li>➤ I know that the amount of calories, fat &amp; sugar I put into my body will affect my health.</li> <li>➤ I know what it feels like to make a healthy choice.</li> </ul> <p><b>Piece 3: What Do I Know About Drugs?</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you my knowledge &amp; attitude towards drugs.</li> <li>➤ I can identify how I feel towards drugs.</li> </ul> <p><b>Piece 4: Being Safe</b></p> <ul style="list-style-type: none"> <li>➤ I can identify things, people &amp; places that I need to keep safe from &amp; can tell you some strategies for keeping myself safe including who to go to for help.</li> <li>➤ I can express how being anxious or scared feels.</li> </ul> <p><b>Piece 5: Safe or Unsafe</b></p> <ul style="list-style-type: none"> <li>➤ I can identify when something feels safe or unsafe.</li> <li>➤ I can take responsibility for keeping myself &amp; others safe.</li> </ul> <p><b>Piece 6: My Amazing Body</b></p> <ul style="list-style-type: none"> <li>➤ I understand how complex my body is &amp; how important it is to take care of it.</li> <li>➤ I respect my body &amp; appreciate what it does for me.</li> </ul>	<p>experiences for males and females.</p> <ul style="list-style-type: none"> <li>➤ I can describe how taking some responsibility in my family makes me feel.</li> </ul> <p><b>Piece 2: Friendship</b></p> <ul style="list-style-type: none"> <li>➤ I can identify and put into practice some of the skills of friendship e.g. taking turns, being a good listener.</li> <li>➤ I know how to negotiate in conflict situations to try and find a win-win solution.</li> </ul> <p><b>Piece 3: Keeping Myself Safe Online</b></p> <ul style="list-style-type: none"> <li>➤ I know &amp; can use some strategies for keeping myself safe online.</li> <li>➤ I know who to ask for help if I am worried or concerned about anything online.</li> </ul> <p><b>Piece 4: Being a Global Citizen 1</b></p> <ul style="list-style-type: none"> <li>➤ I can explain how some of the actions &amp; work of people around the world help influence my life.</li> <li>➤ I can show an awareness of how this could affect my choices.</li> </ul> <p><b>Piece 5: Being a Global Citizen 2</b></p> <ul style="list-style-type: none"> <li>➤ I understand how my needs &amp; rights are shared by children around the world &amp; can identify how our lives may be different.</li> <li>➤ I can empathise with children whose lives are different to mine &amp; appreciate what I may learn from them.</li> </ul> <p><b>Piece 6: Celebrating My Web of Relationships</b></p> <ul style="list-style-type: none"> <li>➤ I know how to express my appreciation to my friends &amp; family.</li> <li>➤ I enjoy being part of a family &amp; friendship groups.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I can express how I feel when I see babies or baby animals.</li> </ul> <p><b>Piece 2: Babies</b></p> <ul style="list-style-type: none"> <li>➤ I understand how babies grow &amp; develop in the mother's uterus.</li> <li>➤ I understand what a baby needs to live &amp; grow.</li> <li>➤ I can express how I might feel if I has a new baby in my family.</li> </ul> <p><b>Piece 3: Outside Body Changes</b></p> <ul style="list-style-type: none"> <li>➤ I understand that boys &amp; girl's bodies need to change so that when they grow up their bodies can make babies.</li> <li>➤ I can identify how boys &amp; girl's bodies change on the outside during this growing up process.</li> <li>➤ I recognise how I feel about these changes happening to me &amp; know how to cope with those feelings.</li> </ul> <p><b>Piece 4: Inside Body Changes</b></p> <ul style="list-style-type: none"> <li>➤ I can identify how boys &amp; girl's bodies change on the inside during the growing up process &amp; can tell you why these changes are necessary so that their bodies can make babies when they grow up.</li> <li>➤ I recognise how I feel about these changes happening to me &amp; know how to cope with these feelings.</li> </ul> <p><b>Piece 5: Family Stereotypes</b></p> <ul style="list-style-type: none"> <li>➤ I can start to recognise stereotypical ideas I might have about parenting &amp; family roles.</li> <li>➤ I can express how I feel when my ideas are challenged &amp; might be willing to change my ideas sometimes.</li> </ul> <p><b>Piece 6: Looking Ahead</b></p>
--	--	---	--	--	--	---

						<ul style="list-style-type: none"> <li>➤ Identify what I am looking forward to when I move to my next class.</li> <li>➤ Start to think about changes I will make next year &amp; know how to go about this.</li> </ul>
--	--	--	--	--	--	--

<b>PSHE Intention</b>	<b>Social and Emotional Development Intention</b>
-----------------------	---

<b>KS2 - Year 4</b>	<b><u>Autumn 1</u> Being Me</b>	<b><u>Autumn 2</u> Celebrating Difference</b>	<b><u>Spring 1</u> Dreams and Goals</b>	<b><u>Spring 2</u> Healthy Me</b>	<b><u>Summer 1</u> Relationships</b>	<b><u>Summer 2</u> Changing Me</b>
	<ul style="list-style-type: none"> <li>➤ I can explain why being listened to &amp; listening to others is important in my school community.</li> <li>➤ I can explain why being democratic is important &amp; can help me &amp; others feel valued.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I can tell you a time when my first impression of someone changed as I got to know them.</li> <li>➤ I can also explain why bullying might be difficult to spot &amp; what to do about it if I'm not sure.</li> <li>➤ I can explain why it is good to accept myself &amp; others for who we are.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I can plan &amp; set new goals even after a disappointment.</li> <li>➤ I can explain what it means to be resilient &amp; have a positive attitude.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I can recognise when people are putting me under pressure &amp; can explain ways to resist this when I want to.</li> <li>➤ I can identify feelings of anxiety &amp; fear associated with peer pressure.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I can recognise how people are feeling when they miss a special person or animal.</li> <li>➤ I can give ways that might help me manage my feelings when missing a special person or animal.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I can summarise the changes that happen to boys &amp; girl's bodies that prepare them for making a baby when they are older.</li> <li>➤ I can explain some of the choices I might make in the future &amp; some of the choices that I have no control over.</li> <li>➤ I can offer some suggestion about how I might manage my feelings when changes happen.</li> </ul>
	<b>Piece 1: Becoming a Class Team</b> <ul style="list-style-type: none"> <li>➤ I know my attitudes &amp; actions make a difference to the class team.</li> <li>➤ I know how to use my Jigsaw Journal.</li> <li>➤ I know how good it feels to be included in a group &amp; understand how it feels to be excluded.</li> <li>➤ I try to make people feel welcome &amp; valued.</li> </ul> <b>Piece 2: Being a School Citizen</b> <ul style="list-style-type: none"> <li>➤ I understand who is my school community, the roles they play &amp; how I fit in.</li> <li>➤ I can take on a role in a group &amp; contribute to the overall outcome.</li> </ul> <b>Piece 3: Rights, Responsibilities &amp; Democracy</b> <ul style="list-style-type: none"> <li>➤ I understand how democracy works through the School Council.</li> </ul>	<b>Piece 1: Judging by Appearances</b> <ul style="list-style-type: none"> <li>➤ I understand that sometimes we make assumptions based on what people look like.</li> <li>➤ I try to accept people for who they are.</li> </ul> <b>Piece 2: Understanding Influences</b> <ul style="list-style-type: none"> <li>➤ I understand what influences me to make assumptions based on how people look.</li> <li>➤ I can question why I think what I do about other people.</li> </ul> <b>Piece 3: Understanding Bullying</b> <ul style="list-style-type: none"> <li>➤ I know that sometimes bullying is hard to spot &amp; I know what to do if I think it is going on but I'm not sure.</li> <li>➤ I know how it might feel to be a witness to &amp; a target of bullying.</li> </ul> <b>Piece 4: Problem-Solving</b> <ul style="list-style-type: none"> <li>➤ I can tell you why witnesses sometimes join in with bullying &amp; sometimes don't tell.</li> </ul>	<b>Piece 1: Hopes &amp; Dreams</b> <ul style="list-style-type: none"> <li>➤ I can tell you about some of my hopes &amp; dreams.</li> <li>➤ I know how to have hoped and dreams.</li> </ul> <b>Piece 2:</b> <ul style="list-style-type: none"> <li>➤ I understand that sometimes hopes &amp; dreams do not come true &amp; that this can hurt.</li> <li>➤ I know how disappointment feels &amp; can identify when I have felt that way.</li> </ul> <b>Piece 3:</b> <ul style="list-style-type: none"> <li>➤ I know that reflecting on positive &amp; happy experiences can help me to counteract disappointment.</li> <li>➤ I know how to cope with disappointment &amp; how to help others cope with theirs.</li> </ul> <b>Piece 4:</b> <ul style="list-style-type: none"> <li>➤ I know how to make a new plan and set new goals even if I have been disappointed.</li> </ul>	<b>Piece 1: My Friends and Me</b> <ul style="list-style-type: none"> <li>➤ I recognise how different friendship groups are formed, how I fit into them &amp; the friends I value the most.</li> <li>➤ I can identify the feelings I have about my friends &amp; my different friendship groups.</li> </ul> <b>Piece 2: Group Dynamics</b> <ul style="list-style-type: none"> <li>➤ I understand there are people who take on the roles of leaders or followers in a group, &amp; I know the role I take on in different situations.</li> <li>➤ I am aware of how different people &amp; groups impact on me &amp; can recognise the people I most want to be friends with.</li> </ul> <b>Piece 3: Smoking</b> <ul style="list-style-type: none"> <li>➤ I understand the facts about smoking &amp; its effect on health &amp; also some of the</li> </ul>	<b>Piece 1: Jealously</b> <ul style="list-style-type: none"> <li>➤ I can recognise situations which can cause jealousy in relationships.</li> <li>➤ I can identify feelings associated with jealousy &amp; suggest strategies to problem solve when this happens.</li> </ul> <b>Piece 2: Love and Loss</b> <ul style="list-style-type: none"> <li>➤ I can identify someone I love &amp; can express why they are special to me.</li> <li>➤ I know how most people feel when they lose someone or something they love.</li> </ul> <b>Piece 3: Memories</b> <ul style="list-style-type: none"> <li>➤ I can tell you about someone I know that I no longer see.</li> <li>➤ I understand that we can remember people even if we no longer see them.</li> </ul> <b>Piece 4: Getting On &amp; Falling Out</b>	<b>Piece 1: Unique Me</b> <ul style="list-style-type: none"> <li>➤ I understand that some of my personal characteristics have come from my birth parents &amp; that this happened because I am made from the joining of their egg &amp; sperm.</li> <li>➤ I appreciate that I am a truly unique human being.</li> </ul> <b>Piece 2: Having a Baby</b> <ul style="list-style-type: none"> <li>➤ I can correctly label the internal &amp; external parts of male &amp; female bodies that are necessary for making a baby.</li> <li>➤ I understand that having a baby is a personal choice &amp; can express how I feel about having children when I am an adult.</li> </ul> <b>Piece 3: Girls and Puberty</b> <ul style="list-style-type: none"> <li>➤ I can describe how a girl's body changes in order for her to be able to have babies when she is an adult,</li> </ul>

	<ul style="list-style-type: none"> <li>➤ I can recognise my contribution to making a Learning Charter for the whole school.</li> </ul> <p><b>Piece 4: Rewards &amp; Consequences</b></p> <ul style="list-style-type: none"> <li>➤ I understand that my actions affect myself &amp; others; I care about people's feelings &amp; try to empathise with them.</li> <li>➤ I understand how rewards &amp; consequences motivate people's behaviour.</li> </ul> <p><b>Piece 5: Our Learning Charter</b></p> <ul style="list-style-type: none"> <li>➤ I understand how groups come together to make decisions.</li> <li>➤ I can take on a role in a group &amp; contribute to the overall outcome.</li> </ul> <p><b>Piece 6: Owning Our Learning Charter</b></p> <ul style="list-style-type: none"> <li>➤ I understand how democracy &amp; having a voice benefits the school community.</li> <li>➤ I understand why our school community benefits from a Learning Charter &amp; can help others to follow it.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I can problem solve a bullying situation with others.</li> </ul> <p><b>Piece 5: Special Me</b></p> <ul style="list-style-type: none"> <li>➤ I can identify what is special about me &amp; value the ways in which I am unique.</li> <li>➤ I like &amp; respect the unique features of my physical appearance.</li> </ul> <p><b>Piece 6: Celebrating Difference: How We Look</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you a time when my first impression of someone changed when I got to know them.</li> <li>➤ I can explain why it is good to accept people for who they are.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I know what it means to be resilient &amp; to have a positive attitude.</li> </ul> <p><b>Piece 5:</b></p> <ul style="list-style-type: none"> <li>➤ I know how to work out the steps to take to achieve a goal, &amp; can do this successfully as part of a group.</li> <li>➤ I can enjoy being part of a group challenge.</li> </ul> <p><b>Piece 6:</b></p> <ul style="list-style-type: none"> <li>➤ I can identify the contributions made by myself &amp; others to the groups achievement.</li> <li>➤ I know how to share in the success of a group &amp; how to store this success experience in my internal treasure chest.</li> </ul>	<p>reasons people start to smoke.</p> <ul style="list-style-type: none"> <li>➤ I can recognise negative feelings in peer pressure situations &amp; know how to act assertively to resist pressure from myself &amp; others.</li> </ul> <p><b>Piece 4: Alcohol</b></p> <ul style="list-style-type: none"> <li>➤ I understand the facts about alcohol &amp; its effect on health, particularly the liver, &amp; also some of the reasons people drink alcohol.</li> <li>➤ I can recognise negative feelings &amp; know how to act assertively to resist pressure from myself &amp; others.</li> </ul> <p><b>Piece 5: Healthy Friendships</b></p> <ul style="list-style-type: none"> <li>➤ I can recognise when people are putting me under pressure &amp; can explain ways to resist this when I want.</li> <li>➤ I can identify feelings of anxiety &amp; fear associated with peer pressure.</li> </ul> <p><b>Piece 6: Celebrating My Inner Strength &amp; Assertiveness</b></p> <ul style="list-style-type: none"> <li>➤ I know myself well enough to have a clear picture of what I believe is right &amp; wrong.</li> <li>➤ I can tap into my inner strength &amp; know how to be assertive.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I can recognise how friendships change, know how to make new friends &amp; how to manage when I fall out with my friends.</li> <li>➤ I know how to stand up for myself &amp; how to negotiate &amp; compromise.</li> </ul> <p><b>Piece 5: Girlfriends &amp; Boyfriends</b></p> <ul style="list-style-type: none"> <li>➤ I understand what having a boyfriend/girlfriend might mean &amp; that it is a special relationship for when I am older.</li> <li>➤ I understand that boyfriend/girlfriend relationships are personal &amp; special &amp; there is no need to feel pressured into having a boyfriend/girlfriend.</li> </ul> <p><b>Piece 6: Celebrating My Relationships with People &amp; Animals</b></p> <ul style="list-style-type: none"> <li>➤ I know how to show love and appreciation to the people &amp; animals who are special to me.</li> <li>➤ I can love and be loved.</li> </ul>	<p>&amp; that menstruation (having periods) is a natural part of this.</p> <ul style="list-style-type: none"> <li>➤ I have strategies to help me cope with the physical &amp; emotional changes I will experience during puberty.</li> </ul> <p><b>Piece 4: Circles of Change</b></p> <ul style="list-style-type: none"> <li>➤ I know how the circle of change works &amp; can apply it to changes I want to make in my life.</li> <li>➤ I am confident enough to try to make changes when I think they will benefit me.</li> </ul> <p><b>Piece 5: Accepting Change</b></p> <ul style="list-style-type: none"> <li>➤ I can identify changes that have been &amp; may continue to be outside of my control that I learnt to accept.</li> <li>➤ I can express my fears &amp; concerns about changes that are outside of my control &amp; know how to manage these feelings positively.</li> </ul> <p><b>Piece 6: Looking Ahead</b></p> <ul style="list-style-type: none"> <li>➤ I can identify what I am looking forward to when I move to a new class.</li> <li>➤ I can reflect on the changes I would like to make next year &amp; can describe how to go about this.</li> </ul>
--	---	--	---	--	---	--

### PSHE Intention

### Social and Emotional Development Intention

<p>KS2 - Year 5</p>	<p><b><u>Autumn 1</u></b> <b>Being Me</b></p> <ul style="list-style-type: none"> <li>➤ I can compare my life with other people in my country &amp; can explain why we have rules, rights and responsibilities to try &amp; make the wider community a fair place.</li> <li>➤ I can explain how the actions of one person can affect another &amp; can give</li> </ul>	<p><b><u>Autumn 2</u></b> <b>Celebrating Difference</b></p> <ul style="list-style-type: none"> <li>➤ I can explain the differences between direct &amp; indirect types of bullying &amp; can offer a range of strategies to myself &amp; others if we become involved in a bullying situation.</li> <li>➤ I can explain why racism &amp; other forms of discrimination are unkind. I can express how</li> </ul>	<p><b><u>Spring 1</u></b> <b>Dreams and Goals</b></p> <ul style="list-style-type: none"> <li>➤ I can compare my hoped &amp; dreams with those of young people from different cultures.</li> <li>➤ I can reflect on the hopes &amp; dreams of young people from another culture &amp; explain how this makes me feel.</li> </ul>	<p><b><u>Spring 2</u></b> <b>Healthy Me</b></p> <ul style="list-style-type: none"> <li>➤ I can explain different roles that food &amp; substances can play in people's lives. I can also explain how people can develop eating problems relating to body image pressures &amp; how smoking &amp; alcohol misuse is unhealthy.</li> </ul>	<p><b><u>Summer 1</u></b> <b>Relationships</b></p> <ul style="list-style-type: none"> <li>➤ I can compare different types of friendships &amp; the feelings associated with them. I can also explain how to stay safe when using technology to communicate with my friends, including how to stand up for myself,</li> </ul>	<p><b><u>Summer 2</u></b> <b>Changing Me</b></p> <ul style="list-style-type: none"> <li>➤ I can explain how boys &amp; girls change during puberty &amp; why looking after myself physically &amp; emotionally is important. I can also summarise the process of conception.</li> <li>➤ I can express how I feel about the changes that will happen to me during</li> </ul>
---------------------	---	---	---	--	--	---



	<p>examples of this from school &amp; a wider community context.</p>	<p>I feel about discriminatory behaviour.</p>		<ul style="list-style-type: none"> <li>➤ I can summarise different ways that I respect &amp; value my body.</li> </ul>	<p><b>negotiate &amp; to resist peer pressure.</b></p> <ul style="list-style-type: none"> <li>➤ I can apply strategies to manage my feelings &amp; the pressures I may face to use technology in ways that may be risky or cause harm to myself or others.</li> </ul>	<p>puberty. I accept these changes might happen at different times to my friends.</p>
	<p><b>Piece 1: My Year Ahead</b></p> <ul style="list-style-type: none"> <li>➤ I can face new challenges positively &amp; know how to set personal goals.</li> <li>➤ I know how to use my Jigsaw Journal.</li> <li>➤ I know what I value most about my school &amp; can identify my hopes for this school year.</li> </ul> <p><b>Piece 2: Being a citizen of My Country</b></p> <ul style="list-style-type: none"> <li>➤ I understand my rights &amp; responsibilities as a citizen of my country.</li> <li>➤ I can emphasise with people in this country whose lives are different to my own.</li> </ul> <p><b>Piece 3: Year 5 Responsibilities</b></p> <ul style="list-style-type: none"> <li>➤ I understand my rights &amp; responsibilities as a citizen of my country &amp; as a member of my school.</li> <li>➤ I can emphasise with people in this country whose lives are different to my own.</li> </ul> <p><b>Piece 4: Rewards &amp; Consequences</b></p> <ul style="list-style-type: none"> <li>➤ I can make choices about my own behaviour because I understand how rewards &amp; consequences feel.</li> <li>➤ I understand that my actions affect me &amp; others.</li> </ul> <p><b>Piece 5: Our Learning Charter</b></p> <ul style="list-style-type: none"> <li>➤ I understand how an individual's behaviour can impact on a group.</li> <li>➤ I can contribute to the group &amp; understand how we can function best as a whole.</li> </ul> <p><b>Piece 6: Owning Our Learning Charter</b></p> <ul style="list-style-type: none"> <li>➤ I understand how democracy &amp; having a voice benefits the school</li> </ul>	<p><b>Piece 1: Different Cultures</b></p> <ul style="list-style-type: none"> <li>➤ I understand that cultural differences sometimes cause conflict.</li> <li>➤ I am aware of my own culture.</li> </ul> <p><b>Piece 2: Racism</b></p> <ul style="list-style-type: none"> <li>➤ I understand what racism is.</li> <li>➤ I am aware of my attitude towards people from different races.</li> </ul> <p><b>Piece 3: Rumours and Name Calling</b></p> <ul style="list-style-type: none"> <li>➤ I understand how rumour-spreading &amp; name-calling can be bullying behaviours.</li> <li>➤ I can tell you a range of strategies for managing my feelings in bullying situations &amp; for problem-solving when I'm part of one.</li> </ul> <p><b>Piece 4: Types of Bullying</b></p> <ul style="list-style-type: none"> <li>➤ I can explain the difference between direct &amp; indirect types of bullying.</li> <li>➤ I know some ways to encourage children who use bullying behaviours to make other choices &amp; know how to support children who are being bullied.</li> </ul> <p><b>Piece 5: Does Money Matter?</b></p> <ul style="list-style-type: none"> <li>➤ I can compare my life with people in the developing world.</li> <li>➤ I respect my own &amp; other's people's cultures.</li> </ul> <p><b>Piece 6: Celebrating Difference Across the World</b></p> <ul style="list-style-type: none"> <li>➤ I can understand a different culture from my own.</li> <li>➤ I respect my own &amp; other people's cultures.</li> </ul>	<p><b>Piece 1: When I grow Up (My Dream Lifestyle)</b></p> <ul style="list-style-type: none"> <li>➤ I understand that I will need money to help me achieve some of my dreams.</li> <li>➤ I can identify what I would like my life to be like when I am grown up.</li> </ul> <p><b>Piece 2: Investigate Jobs &amp; Careers</b></p> <ul style="list-style-type: none"> <li>➤ I know about a range of jobs carried out by people I know &amp; have explored how much people earn in different jobs.</li> <li>➤ I appreciate the contributions made by people in different jobs.</li> </ul> <p><b>Piece 3: My Dream Job</b></p> <ul style="list-style-type: none"> <li>➤ I can identify a job I would like to do when I grow up &amp; understand what motivates me &amp; what I need to do to achieve it.</li> <li>➤ I appreciate the opportunities that learning &amp; education are giving me &amp; understand how this will help me to build my future.</li> </ul> <p><b>Piece 4: Dreams &amp; Goals of Young People in Other Cultures.</b></p> <ul style="list-style-type: none"> <li>➤ I can describe the dreams &amp; goals of young people in a culture different to mine.</li> <li>➤ I can reflect on how these relate to my own.</li> </ul> <p><b>Piece 5: How Can We Support Each Other?</b></p> <ul style="list-style-type: none"> <li>➤ I understand that communicating with someone in a different culture means we can learn from each other &amp; I can identify a range of ways that we could support each other.</li> <li>➤ I appreciate the similarities &amp; differences in aspirations between myself &amp; young people in a different culture.</li> </ul>	<p><b>Piece 1: Smoking</b></p> <ul style="list-style-type: none"> <li>➤ I know the health risks of smoking &amp; can tell you how tobacco affects the lungs, liver &amp; heart.</li> <li>➤ I can make an informed decision about whether or not I choose to smoke &amp; know how to resist pressure.</li> </ul> <p><b>Piece 2: Alcohol</b></p> <ul style="list-style-type: none"> <li>➤ I know some of the risks with misusing alcohol, including anti-social behaviour &amp; how it affects the liver &amp; heart.</li> <li>➤ I can make an informed decision about whether or not I choose to drink alcohol &amp; know how to resist pressure.</li> </ul> <p><b>Piece 3: Emergency Aid</b></p> <ul style="list-style-type: none"> <li>➤ I know &amp; can put into practice basic emergency aid procedures &amp; know how to get help in emergency situations.</li> <li>➤ I know how to keep myself calm in emergencies.</li> </ul> <p><b>Piece 4: Body Image</b></p> <ul style="list-style-type: none"> <li>➤ I understand how the media; social media &amp; celebrity culture promotes certain body types.</li> <li>➤ I can reflect on my own body image &amp; know how important it is that this is positive &amp; I accept &amp; respect myself for who I am.</li> </ul> <p><b>Piece 5: My Relationships with Food</b></p> <ul style="list-style-type: none"> <li>➤ I can describe the different roles food can play in people's lives &amp; can explain how people can develop eating problems, relating to body image pressures.</li> <li>➤ I respect &amp; value my body.</li> </ul>	<p><b>Piece 1: Recognising Me</b></p> <ul style="list-style-type: none"> <li>➤ I have an accurate picture of who I am as a person in terms of my characteristics &amp; personal qualities.</li> <li>➤ I know how to keep building my own self-esteem.</li> </ul> <p><b>Piece 2: Safety with Online Communities</b></p> <ul style="list-style-type: none"> <li>➤ I understand that belonging to an online community can have positive &amp; negative consequences.</li> <li>➤ I can recognise when an online community feels unsafe or uncomfortable.</li> </ul> <p><b>Piece 3: Being in an Online Community</b></p> <ul style="list-style-type: none"> <li>➤ I understand there are rights &amp; responsibilities in an online community or social network.</li> <li>➤ I can recognise when an online community is helpful or unhelpful to me.</li> </ul> <p><b>Piece 4: Online Gaming</b></p> <ul style="list-style-type: none"> <li>➤ I know there are rights &amp; responsibilities when playing a game online.</li> <li>➤ I can recognise when an online game is becoming unhelpful or unsafe.</li> </ul> <p><b>Piece 5: My Relationship with Technology</b></p> <ul style="list-style-type: none"> <li>➤ I can recognise when I am spending too much time using devices (screen time).</li> <li>➤ I can identify things I can do to reduce screen time, so my health isn't affected.</li> </ul> <p><b>Piece 6: Relationships &amp; Technology</b></p>	<p><b>Piece 1: Self &amp; Body Image</b></p> <ul style="list-style-type: none"> <li>➤ I am aware of my own self-image &amp; how my body fits into that.</li> <li>➤ I know how to develop my own self esteem.</li> </ul> <p><b>Piece 2: Puberty for Girls</b></p> <ul style="list-style-type: none"> <li>➤ I can explain how a girl's body changes during puberty &amp; understand the importance of looking after yourself physically &amp; emotionally.</li> <li>➤ I understand that puberty is a natural process that happened to everybody &amp; that it will be ok for me.</li> </ul> <p><b>Piece 3: Puberty for Boys</b></p> <ul style="list-style-type: none"> <li>➤ I can describe how boy's &amp; girl's bodies change during puberty.</li> <li>➤ I can express how I feel about the changes that will happen to me during puberty.</li> </ul> <p><b>Piece 4: Conception</b></p> <ul style="list-style-type: none"> <li>➤ I understand that sexual intercourse can lead to conception and that is how babies are usually made.</li> <li>➤ I also understand that sometimes people need IVF to help them have a baby.</li> <li>➤ I appreciate how amazing it is that human bodies can reproduce in these ways.</li> </ul> <p><b>Piece 5: Looking Ahead 1</b></p> <ul style="list-style-type: none"> <li>➤ I can identify what I am looking forward to about becoming a teenager &amp; understand this brings growing responsibilities (age of consent).</li> <li>➤ I am confident that I can cope with the changes that growing up will bring.</li> </ul> <p><b>Piece 6: Looking Ahead 2</b></p>

	<p>community &amp; know how to participate in this.</p> <ul style="list-style-type: none"> <li>➤ I understand why our school community benefits from a Learning Charter and can help others to follow it.</li> </ul>		<p><b>Piece 6: Rallying Support</b></p> <ul style="list-style-type: none"> <li>➤ I can encourage my peers to support young people here &amp; abroad to meet their aspirations, &amp; suggest ways we might do this.</li> <li>➤ I understand why I am motivated to make a positive contribution to supporting others.</li> </ul>	<p><b>Piece 6: Healthy Me</b></p> <ul style="list-style-type: none"> <li>➤ I know what makes a healthy lifestyle including healthy eating &amp; the choices I need to make to be healthy &amp; happy.</li> <li>➤ I am motivated to keep myself healthy &amp; happy.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I can explain how to stay safe when using technology to communicate with my friends.</li> <li>➤ I can recognise &amp; resist pressures to use technology in ways that may be risky or may cause harm to myself or others.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I can identify what I am looking forward to when I move to my next class.</li> <li>➤ I can start to think about changes I will make next year and know how to go about this.</li> </ul>
--	--	--	---	--	---	--

<b>PSHE Intention</b>	<b>Social and Emotional Development Intention</b>
-----------------------	---

<b>KS2 - Year 6</b>	<p><b><u>Autumn 1</u></b> <b>Being Me</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you how some of my choices affect others locally &amp; globally.</li> <li>➤ I can tell you how I try to make others feel valued by understanding their feelings &amp; doing something positive.</li> </ul>	<p><b><u>Autumn 2</u></b> <b>Celebrating Difference</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you some ways that difference can be a source of conflict in people's lives.</li> <li>➤ I can say how I feel about people experiencing conflict in their lives because they are different.</li> </ul>	<p><b><u>Spring 1</u></b> <b>Dreams and Goals</b></p> <ul style="list-style-type: none"> <li>➤ I can tell you about something I can do with others that makes the world a better place.</li> <li>➤ I can tell you how making the world a better place makes me feel.</li> </ul>	<p><b><u>Spring 2</u></b> <b>Healthy Me</b></p> <ul style="list-style-type: none"> <li>➤ I can explain when substances including alcohol are being used anti-socially or being misused &amp; the impact this can have on an individual &amp; others.</li> <li>➤ I can identify &amp; apply skills to keep myself emotionally healthy &amp; manage stress &amp; pressure,</li> </ul>	<p><b><u>Summer 1</u></b> <b>Relationships</b></p> <ul style="list-style-type: none"> <li>➤ I can identify when people may be experiencing feelings associated with loss &amp; also recognise when people are trying to gain power or control.</li> <li>➤ I can explain the feelings I might experience if I lose somebody special &amp; when I need to stand up for myself &amp; my friends in real or online situations. I can offer strategies to help me manage these feelings &amp; situations.</li> </ul>	<p><b><u>Summer 2</u></b> <b>Changing Me</b></p> <ul style="list-style-type: none"> <li>➤ I can describe how a baby develops from conception through the nine months of pregnancy &amp; how it is born.</li> <li>➤ I recognise how I feel when I reflect on becoming a teenager &amp; how I feel about the development &amp; birth of a baby.</li> </ul>
	<p><b>Piece 1: My Year Ahead</b></p> <ul style="list-style-type: none"> <li>➤ I can identify my goals for this year, understand my fears &amp; worries about the future &amp; know how to express them.</li> <li>➤ I know how to use my Jigsaw Journal.</li> <li>➤ I feel welcome &amp; valued &amp; know how to make others feel the same.</li> </ul> <p><b>Piece 2: Being a Global Citizen 1</b></p> <ul style="list-style-type: none"> <li>➤ I know that there are universal rights for all children but for many children these rights are not met.</li> <li>➤ I understand my own wants &amp; needs &amp; can compare these with children in different communities.</li> </ul>	<p><b>Piece 1: Am I Normal?</b></p> <ul style="list-style-type: none"> <li>➤ I understand there are different perceptions about what normal means.</li> <li>➤ I can empathise with people who are different.</li> </ul> <p><b>Piece 2: Understanding Difference</b></p> <ul style="list-style-type: none"> <li>➤ I understand how being different could affect someone's life.</li> <li>➤ I am aware of my attitude towards people who are different.</li> </ul> <p><b>Piece 3: Power Struggles</b></p> <ul style="list-style-type: none"> <li>➤ I can explain some of the ways in which one person can have power over another.</li> <li>➤ I know how it can feel to be excluded or treated badly by being different in some way.</li> </ul> <p><b>Piece 4: Why Bully</b></p>	<p><b>Piece 1: Personal Learning Goals</b></p> <ul style="list-style-type: none"> <li>➤ I know my learning strengths &amp; can set challenging but realistic goals for myself.</li> <li>➤ I understand why it is important to stretch the boundaries of my current learning.</li> </ul> <p><b>Piece 2: Steps to Success</b></p> <ul style="list-style-type: none"> <li>➤ I can work out the learning steps I need to take to reach my goal &amp; understand how to motivate myself to work on these.</li> <li>➤ I can set success criteria so that I will know whether I have reached my goal.</li> </ul> <p><b>Piece 3: My Dream for the World</b></p>	<p><b>Piece 1: Taking Responsibility for my Health &amp; Well-being</b></p> <ul style="list-style-type: none"> <li>➤ I can take responsibility for my health &amp; make choices that benefit my health &amp; well-being.</li> <li>➤ I am motivated to care for my physical &amp; emotional health.</li> </ul> <p><b>Piece 2: Drugs</b></p> <ul style="list-style-type: none"> <li>➤ I know about different types of drugs &amp; their uses &amp; their effects on the body, particularly the liver &amp; heart.</li> <li>➤ I am motivated to find ways to be happy &amp; cope with life's situations without using drugs</li> </ul> <p><b>Piece 3: Exploitation</b></p> <ul style="list-style-type: none"> <li>➤ I understand that some people can be exploited &amp;</li> </ul>	<p><b>Piece 1: What is Mental Health?</b></p> <ul style="list-style-type: none"> <li>➤ I know that it is important to take care of my mental health</li> <li>➤ I understand that people can get problems with their mental health and that it is nothing to be ashamed of</li> </ul> <p><b>Piece 2: My Mental Health</b></p> <ul style="list-style-type: none"> <li>➤ I know how to take care of my mental health</li> <li>➤ I can help myself and others when worried about a mental health problem</li> </ul> <p><b>Piece 3: Love and Loss</b></p>	<p><b>Piece 1: My Self Image</b></p> <ul style="list-style-type: none"> <li>➤ I am aware of my own self-image &amp; how my body image fits into that.</li> <li>➤ I know how to develop my own self esteem.</li> </ul> <p><b>Piece 2: Puberty</b></p> <ul style="list-style-type: none"> <li>➤ I can explain how girl's &amp; boy's bodies change during puberty &amp; understand the importance of looking after yourself physically &amp; emotionally.</li> <li>➤ I can express how I feel about the changes that will happen to me during puberty.</li> </ul> <p><b>Piece 3: Babies: Conception to Birth</b></p> <ul style="list-style-type: none"> <li>➤ I can describe how a baby develops from conception</li> </ul>

	<p><b>Piece 3: Being a Global Citizen 2</b></p> <ul style="list-style-type: none"> <li>➤ I understand that my actions affect other people locally &amp; globally.</li> <li>➤ I understand my own wants &amp; needs &amp; can compare these with children in different communities.</li> </ul> <p><b>Piece 4: The Learning Charter</b></p> <ul style="list-style-type: none"> <li>➤ I can make choices about my own behaviour because I understand how rewards &amp; consequences feel &amp; how these relate to my rights &amp; responsibilities.</li> <li>➤ I understand that my actions affect myself &amp; others. I care about other people's feelings &amp; try to empathise with them.</li> </ul> <p><b>Piece 5: Our Learning Charter</b></p> <ul style="list-style-type: none"> <li>➤ I understand how an individual's behaviour can impact on a group.</li> <li>➤ I can contribute to the group &amp; understand how we can function best as a whole.</li> </ul> <p><b>Piece 6: Owning Our Learning Charter</b></p> <ul style="list-style-type: none"> <li>➤ I understand how democracy &amp; having a voice benefits the school community.</li> <li>➤ I understand why our school community benefits from a Learning Charter &amp; how I can help others to follow it by modelling it myself.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I know some of the reasons why people use bullying behaviours.</li> <li>➤ I can tell you a range of strategies for managing my feelings in bullying situations &amp; for problem-solving when I'm part of one.</li> </ul> <p><b>Piece 5: Celebrating Difference</b></p> <ul style="list-style-type: none"> <li>➤ I can give examples of people with disabilities who lead amazing lives.</li> <li>➤ I appreciate people for who they are.</li> </ul> <p><b>Piece 6: Celebrating Difference</b></p> <ul style="list-style-type: none"> <li>➤ I can explain ways in which difference can be a source of conflict &amp; cause for celebration.</li> <li>➤ I can show empathy with people in either situation.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I can identify problems in the world that concern me &amp; talk to other people about them.</li> <li>➤ I recognise the emotions I experience when I consider people in the world how are suffering or living in difficult situations.</li> </ul> <p><b>Piece 4: Helping to Make a Difference</b></p> <ul style="list-style-type: none"> <li>➤ I can work with other people to help make the world a better place.</li> <li>➤ I can empathise with people who are suffering or who are living in difficult situations.</li> </ul> <p><b>Piece 5: Helping to Make a Difference</b></p> <ul style="list-style-type: none"> <li>➤ I can describe some ways in which I can work with other people to help make the world a better place.</li> <li>➤ I can identify why I am motivated to do this.</li> </ul> <p><b>Piece 6: Recognising Our Achievements</b></p> <ul style="list-style-type: none"> <li>➤ I know what some people in my class like or admire &amp; can accept their praise.</li> <li>➤ I can give praise &amp; compliments to other people when I recognise their contributions &amp; achievements.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I can identify problems in the world that concern me &amp; talk to other people about them.</li> <li>➤ I can suggest ways that someone who is being exploited can help themselves.</li> </ul> <p><b>Piece 4: Gangs</b></p> <ul style="list-style-type: none"> <li>➤ I know why some people join gangs &amp; the risks this involves.</li> <li>➤ I can suggest strategies someone could use to avoid being pressurised.</li> </ul> <p><b>Piece 5: Emotional &amp; Mental Health</b></p> <ul style="list-style-type: none"> <li>➤ I understand what it means to be emotionally well &amp; can explore people's attitudes towards mental health/illness.</li> <li>➤ I know how to help myself feel emotionally &amp; can recognise when I need help with this.</li> </ul> <p><b>Piece 6: Managing Stress &amp; Pressure</b></p> <ul style="list-style-type: none"> <li>➤ I can recognise stress &amp; the triggers that cause this &amp; I understand how stress can cause drug &amp; alcohol misuse.</li> <li>➤ I can use different strategies to manage stress &amp; pressure.</li> </ul>	<ul style="list-style-type: none"> <li>➤ I understand that there are different stages of grief and that there are different types of loss that cause people to grieve</li> <li>➤ I can recognise when I am feeling those emotions and have strategies to manage them</li> </ul> <p><b>Piece 4: Power and Control</b></p> <ul style="list-style-type: none"> <li>➤ I can recognise when people are trying to gain power or control</li> <li>➤ I can demonstrate ways I could stand up for myself and my friends in situations where others are trying to gain power or control</li> </ul> <p><b>Piece 5: Being Online: Real or Fake? Safe or Unsafe?</b></p> <ul style="list-style-type: none"> <li>➤ I can judge whether something online is safe and helpful for me.</li> <li>➤ I can resist pressure to do something online that might hurt myself or others</li> </ul> <p><b>Piece 6: Using Technology Responsibly</b></p> <ul style="list-style-type: none"> <li>➤ I can use technology positively and safely to communicate with my friends and family</li> <li>➤ I can take responsibility for my own safety and well-being</li> </ul>	<ul style="list-style-type: none"> <li>➤ I can recognise how I feel when I reflect on the development &amp; birth of a baby.</li> </ul> <p><b>Piece 4: Boyfriends &amp; Girlfriends</b></p> <ul style="list-style-type: none"> <li>➤ I understand how being physically attracted to someone changes the nature of the relationship &amp; what that might mean about having a girlfriend/boyfriend.</li> <li>➤ I understand that respect for one another is essential in a boyfriend/girlfriend relationship &amp; that I should not feel pressured into doing something I don't want to.</li> </ul> <p><b>Piece 5: Real Self &amp; Ideal Self</b></p> <ul style="list-style-type: none"> <li>➤ I am aware of the importance of a positive self-esteem &amp; what I can do to develop it.</li> <li>➤ I can express how I feel about my self-image &amp; know how to challenge negative 'body talk'.</li> </ul> <p><b>Piece 6: The Year Ahead</b></p> <ul style="list-style-type: none"> <li>➤ I can identify what I am looking forward to &amp; what worries me about the transition to secondary school/or moving to my next class.</li> <li>➤ I know how to prepare myself emotionally for the changes next year.</li> </ul>
--	---	--	--	---	--	---