

# Nursery

## Summer One Topic

### Why can't I have chocolate for breakfast?

#### Personal, social and emotional development

This term we will be learning about healthy eating and having discussions around foods that are healthy and not healthy. We will have the opportunity to play together and take part in group activities.

#### Communication and language

Children will continue to communicate their thoughts using a wide range of vocabulary. They will develop their understanding of question words including 'why' and begin to have discussions sharing their knowledge based on healthy eating and why they think they cannot have chocolate for breakfast.

#### Literacy

Children will enjoy looking at fiction and non-fiction books all about healthy eating. Children will learn how to handle books carefully and turn the pages. They will also begin to name the different parts of a book. Children will be able to draw different types of fruit and vegetables using different media including pencils, crayons and chalk.

#### Maths

Children will, this half term, be looking at linking numbers to the correct quantities. Alongside this, the children will be comparing different amounts using the vocabulary 'lots', 'more' or 'same'. They will also be experimenting with their own symbols and marks to represent numbers. Please continue to practise this at home.



#### Physical Development

During this half term, we will be thinking about making healthy choices about food, drink, activity and personal hygiene. Children will also continue to develop their fine motor skills by using one-handed tools and equipment e.g. scissors. Children will be encouraged to become independent as they dress and undress alongside putting on their coats and fastening them. Please continue to practise this at home.

#### Expressive Arts and Design

Children will have the opportunity to use the fruit and vegetable shop and healthy café to role play. They will use their imagination to pretend play alongside friends, building friendships and having conversations.

#### Understanding the World

Children will look at how they can be healthy. We will also be questioning:

- What foods are healthy?
- What foods are unhealthy?

#### Memorable Experiences

Children will have the opportunity to make and enjoy a healthy breakfast with parents / guardians.

#### PE

PE is on...Thursday. No jewellery to be worn.